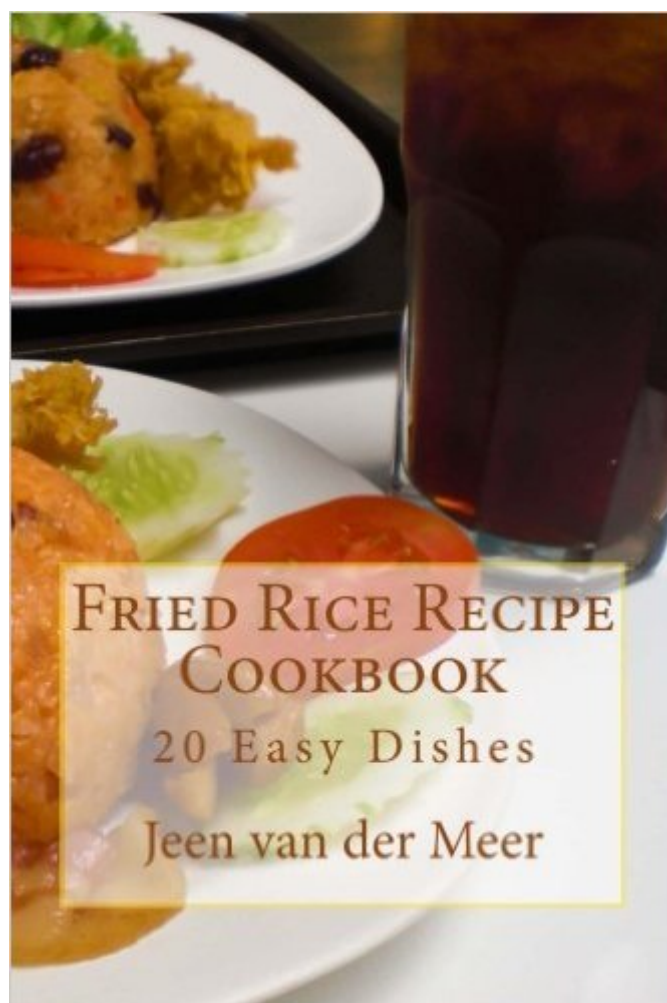


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Fried Rice Recipe Cookbook: 20 Easy Dishes (Jeen's Favorite Rice Recipes)



FRIED RICE RECIPE COOKBOOK

20 Easy Dishes

Jeen van der Meer



Synopsis

Fried Rice Recipe Cookbook - 20 Easy Dishes The second book of the series "Jeen's Favorite Rice Recipes" This cookbook contains 20 easy fried rice recipes from the basics to unique twists. This is an excellent way to incorporate rice into your meal planning without a lot of fuss. Rice is very healthy for the body giving good energy. Most of the recipes call for brown rice, which is the healthier choice because it has the rice bran intact. This is where most of the nutrients are and it gives the rice a mild nutty texture and flavor when fried. The other rice called for is jasmine rice which is "the fragrant rice" found in many Thai dishes. Some of the delicious recipes included in this Fried Rice Recipe Cookbook: Dirty Rice with Pork, Fried Rice with Pineapples, Fried Rice Kimchi Style, Vegetable Stir Fried Rice, Apple Cherry Fried Rice, Lychee Raisin Fried Rice with Cashews, Hawaiian Fried Rice, Italian Fried Rice Balls, Chinese Fried Rice, Spicy Chicken Fried Rice, and a lovely Vegetarian Fried Rice. There are recipes to fit every style and flavor. Many are delicious as a main dish or as a hearty side dish. Some make great appetizers and wonderful for rice restaurant style meals. You are bound to find your favorite spice and flavor here, which always goes well with rice. Turn a simple rice dish into a flavor extravaganza with these fried rice recipes

Book Information

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Customer Reviews

I actually picked up this Kindle Cookbook since I have never made fried rice, and I was interested in trying it. The book did not disappoint, since the first recipe is for the ever-familiar fried rice we all know. But this book goes far beyond just that one recipe! With 20 different recipes, you can try rice in all of its different formats and ways of eating it. Since brown rice is low on the glycemic index,

meaning it releases carbs slowly, as a diabetic I really appreciated the fact that the focus of the book is on brown rice. In fact, as the author mentions in her introduction, there is no reason why you can't use brown rice to cook ANY of the recipes! Each recipe has an introduction (something I especially appreciate) that tells a bit about the recipe and ways to incorporate it into your meals. The lists of ingredients are clear as are the cooking instructions. As a Kindle Book, I want to report that the Table of Contents is included and works perfectly. A well-done cookbook, which gave me the information I needed for my first foray into this now "group" of rice recipes. If I had the author's instructions on hand, I know I would have tried making my own fried rice a lot sooner!

I've tried a few of the recipes and they are easy-peasy. No fancy ingredients that require a special trip to an Asian grocery store. My regular grocery store seemed to have everything I needed. I wish there were more than 20 recipes, hence the four stars, but I can tell that the recipes have actually been tested multiple times because, unlike some other cookbooks I have tried, these recipes actually work. The instructions are also good. This is a cookbook with mass appeal for anyone who wants to learn how to make inexpensive fried rice dishes that taste good. The recipes are useful for everyday meals that won't bust your budget and will fill you up. You can use ingredients in your fridge to improvise if you don't have the exact veggies. I would say that the recipes have a bit of an American diner taste to them, if that makes sense. Which is fine by me. It's not real fancy, but it is yummy! Oh, I made my fried rice with WHITE rice instead of brown because I like white rice better. Versatile easy recipes. Recommended.

This book does include some basic fried rice recipes, but they seemed kind of repetitive. There were quite a few that used pineapple. I just expected more than what I got with this one - if you are going to write a whole book on fried rice, it should really have some killer recipes I would think. This did not.

The author provides several tasty fried rice recipes that are sure to please. The ingredient lists and the cooking directions are pretty accurate. This is a great book for anyone wanting to try to make fried rice.

In recipes, fried rice is as variable as American meat loaf. The values to me were the combinations of ingredients and the clearly written directions - the 3 recipes tried thus far are very good - pay attention to cooking time for the rice - follow the standard procedure of adding the fastest cooking

ingredients at the very end (small peas for example)

Very complete, not complicated and easy to understand. It does not call for difficult ingredients. It is very useful. Glad I got it.

I've used the recipes in this book, and they are easy. We always have leftover plain rice (my husband loves the stuff) and this is a nice way to dress it up. Now I know the basics, I just wing it thanks to this book.

I just started making fried rice at home to use up leftover meat and rice. This book has good, varied recipes. Like most small kindle books it has some typo's, but not a big deal.

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